

PSHE (SCARF) Progression R-6

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---|--|---|--|---|---|--|
| | Me and my relationships | Valuing difference | Keeping safe | Rights and Respect | Being my best | Growing and changing |
| R | <p>All about me</p> <p>What makes me special?</p> <p>Me and my special people</p> <p>Who can help me?</p> <p>My feelings (2)</p> | <p>I'm special, you're special</p> <p>Same and different</p> <p>-families</p> <p>-homes</p> <p>I am caring</p> <p>I am a friend</p> | <p>What's safe to go onto my body?</p> <p>Keeping myself safe</p> <p>Safe indoors and outdoors</p> <p>Listening to my feelings</p> <p>Keeping safe online</p> <p>People who help to keep me safe</p> | <p>Looking after my special people</p> <p>Looking after my friends</p> <p>Being helpful at home and caring for our classroom</p> <p>Caring for our world</p> <p>Money (2)</p> | <p>Bouncing back when things go wrong</p> <p>Yes I can!</p> <p>Healthy eating</p> <p>My healthy mind</p> <p>Move your body</p> <p>A good night's sleep</p> | <p>Seasons</p> <p>Life stage (2)</p> <p>Where do babies come from?</p> <p>Getting bigger</p> <p>Me and my body – girls and boys</p> |
| 1 | <p>Why we have classroom rules</p> <p>How are you listening?</p> <p>Thinking about feelings</p> <p>Our feelings</p> <p>Feelings and bodies</p> <p>Good friends</p> | <p>Same or different?</p> <p>Unkind, tease or bully?</p> <p>Harold's school rules</p> <p>It's not fair!</p> <p>Who are our special people?</p> <p>Special people balloons</p> | <p>Super sleep</p> <p>Who can help?</p> <p>Good or bad touches?</p> <p>Sharing pictures</p> <p>What could Harold do?</p> <p>Harold loses Geoffrey</p> | <p>Harold has a bad day</p> <p>Around and about the school</p> <p>Taking care of something</p> <p>Harold's money</p> <p>How should we look after our money?</p> <p>Basic first aid</p> | <p>I can eat a rainbow</p> <p>Eat well</p> <p>Harold's wash and brush up</p> <p>Catch it! Bin it! Kill it!</p> <p>Harold learns to ride his bike</p> <p>Pass on the praise!</p> | <p>Healthy me</p> <p>Then and now</p> <p>Taking care of a baby</p> <p>Who can help? (2)</p> <p>Surprises and secrets</p> <p>Keeping privates private</p> |
| 2 | <p>Our ideal classroom</p> <p>How are you feeling today?</p> <p>Let's all be happy!</p> <p>Being a good friend</p> <p>Types of bullying</p> <p>Don't do that!</p> | <p>What makes us who we are?</p> <p>My special people</p> <p>How do we make others feel?</p> <p>When someone is left out</p> <p>An act of kindness</p> <p>Solve the problem</p> | <p>Harold's picnic</p> <p>How safe would you feel?</p> <p>What should Harold say?</p> <p>I don't like that!</p> <p>Fun or not?</p> <p>Should I tell?</p> | <p>Getting on with others</p> <p>When I feel like erupting</p> <p>Feeling safe</p> <p>Playing games</p> <p>Harold saves for something special</p> <p>How can we look after our environment?</p> | <p>You can do it!</p> <p>My day</p> <p>Harold's postcard – helping us to be clean and healthy</p> <p>Harold's bathroom</p> <p>What does my body do?</p> <p>Basic first aid</p> | <p>A helping hand</p> <p>Sam moves away</p> <p>Haven't you grown!</p> <p>My body, your body</p> <p>Respecting privacy</p> <p>Some secrets should never be kept</p> |

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| 3 | As a rule Looking after our special people How can we solve this problem? Friends are special Thunks Dan's dare | Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb | Safe or unsafe? Danger or risk? The risk robot Super searcher Help or harm? Alcohol and cigarettes: the facts | Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environmental project | Derek cooks dinner Poorly Harold Body Team work For or against? I am fantastic Top Talents | Relationship Tree Body Space None of your business! Secret or surprise? My changing body Basic First Aid – First Aid Champions |
| 4 | Human machines Ok or not ok? (2) An email from Harold Different feelings Under pressure | Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands | Danger, risk or hazard? How dare you! Keeping ourselves safe Raising challenge (2) Picture wise Medicines: check the label | Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Why pay taxes? | What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community (1) Basic first aid- First Aid Champions | Moving house My feelings are all over the place All change! Preparing for changes at puberty Secret or surprise? Together |
| 5 | Collaboration challenge! Give and take How good a friend are you? Relationship cake recipe Our emotional needs Being assertive | Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes | Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: Healthy or unhealthy? Would you risk it? | What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! | It all adds up! Different skills My school community (2) Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness | How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help! Im a teenager... |

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| 6 | <p>Working together Solve the friendship problem Behave yourself Assertiveness skills Don't force me Acting appropriately</p> | <p>Ok to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys- Challenging gender stereotypes</p> | <p>Think before you click! To share or not to share? Rat park What sort of drug is...? Drugs: it's the law! Alcohol: What is normal?</p> | <p>Two sides to every story Fakebook friends What's it worth? Happy shoppers – caring for the environment Democracy in Britain 1- Elections 2- How (most) laws are made</p> | <p>This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid, including sepsis awareness Five ways to wellbeing project</p> | <p>I look great! Media manipulation Pressure online Helpful or unhelpful? Managing change Is this normal? Making babies</p> |
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