

PE Curriculum Statement

Intent

The National Curriculum for Physical Education (PE) aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

During their time with us, our PE curriculum will develop the physical literacy of all our children: the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity. Our curriculum will also develop leadership skills, the ability to work with others as part of a team and the love of being outdoors. We will develop determination and perseverance through problem solving and decision making and build the ability to deal with both successes and failures positively. A healthy sense of competitiveness will be fostered as well as a desire to strive to be the best one can be, both individually and as part of a team.

Implementation

During their time at Archbishop Wake, all children will benefit from a broad PE curriculum delivered through two lessons per week. A scheme is in place across the school to ensure progression in children's learning from the very beginning of their education. These lessons will be as active as possible for all children and adapted as needed to ensure that all children are fully included and challenged, whatever their level of physical competence or skill. Alongside PE lessons, the curriculum for our youngest children is delivered within an environment which supports physical movement, developing their fundamental movement skills (fine and gross motor) as well as co-ordination, teamwork and fairness. Our PE curriculum in KS1 continues to build upon these fundamental movement skills enabling development into specific sports in KS2. We will provide our children with experience of many different sports and physical activities throughout their 7 years in order to allow them to find at least one which they wish to continue.

In Years 4 and 6, children enjoy the experience of a school residential. These educational trips provide a great deal of time outdoors, enjoying the physical and mental benefits that this brings, as well as an opportunity to explore our local environment. Both residential provide the children with an opportunity to apply their orienteering skills in different locations in addition to their work in school. The Year 6 residential also delivers our outdoor adventurous activities curriculum, including activities such as raft building and various other physical challenges. Our swimming provision, also delivered in Key Stage 2, teaches children to swim 25m, alongside other important water safety skills.

Impact

When our children leave us at the end of Year 6, we will see evidence that they are physically fit and can be active for sustained periods. Pupils will have developed their physical competence in a broad range of sports and physical activities as well as the social, cognitive and leadership skills enabling them to be successful individually and as part of a team. They will have the confidence and aspiration to live a healthy lifestyle by making active choices and taking care of themselves both physically and mentally. They will have developed a love of exercise, sport or physical activity in whatever form suits them best and will be able to verbally express the positive benefits this has on them. They will be able to compete in a positive way, showing respect for others and being graceful in both victory and defeat. They will be able to evaluate their successes and failures and learn from them, always striving to be the best that they can be.

These outcomes are measured through teacher assessment and learning walks and observations by PE leads. Pupil voice will also be used as part of our monitoring, evaluation and review cycle. The PE subject leader reviews the curriculum and outcomes annually and an action plan is put in place and shared with staff.

PLEASE READ THIS CURRICULUM STATEMENT ALONGSIDE OUR STATEMENT FOR SCHOOL SPORT AND PHYSICAL ACTIVITY

