



School Sport and Physical Activity Statement

Intent

The National Curriculum for Physical Education (PE) aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Through our school sport and physical activity offer, our intention is to provide as many opportunities as possible, outside our timetabled PE lessons, to further develop our children's fitness and enjoyment of sport and physical activity; as well as their physical competence. We also intend to ensure that our children are physically active throughout their day at school in order to support their focus and concentration in the classroom.

Implementation

Outside of our direct PE lessons, our children are encouraged to be active at lunchtimes and playtimes. A variety of equipment is provided so that they can create and enjoy their own games. We have a timber trail which all children use and a Multi Purpose Games Arena (MUGA) which provides extra outdoor space for our children to enjoy in all weathers.

We have a cross curricular orienteering course on the school grounds which enables staff to consolidate learning in other subject areas whilst the children are active and outside. We also have an all purpose running track which can be used in all weathers to get children outside. This activity develops our children's physical stamina as well as their determination, perseverance and motivation to continually challenge themselves. We offer an extra curricular school sport programme which, again, provides a broad range of activities to further develop children's enjoyment of many different ways to be active. As a result of our links with sports clubs and physical activity providers in the local community, we can signpost children, especially Key Stage 2, towards opportunities to further develop and enjoy their chosen sports and activities. We also have strong links within our community of schools and regularly attend collaborative and competitive events alongside other local children.

In weekly Special Achievers assemblies, children are celebrated for their efforts and successes in sport and physical activity, both inside and outside school. These are linked to competitive achievements as well as demonstration of our school values - respect, perseverance, honesty, co-operation, courage, kindness and happiness.

Annually, we hold a 'Healthy Me' week, designed to focus children and adults on the importance of making choices which link to healthy eating and living a healthy, active lifestyle. Within this week, we organise a whole school sports' day. This day sees us work together in house teams allowing children to demonstrate the school values whilst supporting and encouraging each other across the age groups. Our oldest children have the opportunity to use their leadership skills by taking charge of a team. Across the year, we also aim for all KS1 and KS2 children to participate in intra-house competitions, linked to their previous curriculum learning.

Impact

When our children leave us at the end of Year 6, we will see that they have chosen to enjoy a number of different physical activities and sports across their seven years here, either within or outside of school. They will be confident and motivated in their approach to living a healthy, active life as well as understanding that this lifestyle will help them in other areas.

We will have used our sports premium funding to offer **all** pupils - no matter their age - access to an extra curricular club to promote physical activity.

PLEASE READ THIS STATEMENT ALONGSIDE OUR CURRICULUM STATEMENT FOR PHYSICAL EDUCATION

