

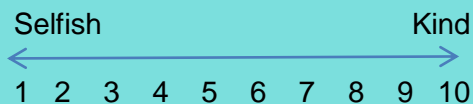
**KINDNESS.** This term we are focussing on the school value of **KINDNESS**

We hope your family will have fun together.

TALK ABOUT  
**Kindness**  
TOGETHER...

When we think about being kind we usually think about helping people with deeds or possessions. However, we can also be kind by using our time, our gifts and our abilities. Kind people often say that they receive much more than they give. Perhaps this is because when someone is kind to us, it makes us want to be kind in return. The opposite of being kind is being selfish. What kind of person would you prefer to have as a friend?

• How would you describe yourself on this scale?



• Where would other members of your family put you on the scale and what are their reasons?

• Who is the kindest person you know?

**Jesus Forgives and Heals a Paralyzed Man**

A few days later, when Jesus again entered Capernaum, the people heard that he had come home. <sup>2</sup>They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. <sup>3</sup>Some men came, bringing to him a paralyzed man, carried by four of them. <sup>4</sup>Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. <sup>5</sup>When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven."

<sup>6</sup>Now some teachers of the law were sitting there, thinking to themselves, <sup>7</sup>"Why does this fellow talk like that? He's blaspheming! Who can forgive sins but God alone?"

<sup>8</sup>Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, "Why are you thinking these things? <sup>9</sup>Which is easier: to say to this paralyzed man, 'Your sins are forgiven,' or to say, 'Get up, take your mat and walk?' <sup>10</sup>But I want you to know that the Son of Man has authority on earth to forgive sins. "So he said to the man, <sup>11</sup>"I tell you, get up, take your mat and go home." <sup>12</sup>He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, "We have never seen anything like this!"

Mark 2 v1-12 (**New International Version (NIV)**)

THINK TOGETHER ABOUT  
WORDS OF WISDOM

**Luke 6:31** "Do to others  
as you would have them  
do to you."

**Wordsearch**



C	A	T	Y	P	P	A	H
U	L	V	O	R	L	I	A
G	O	O	D	D	E	E	D
A	V	O	N	T	H	A	M
H	E	K	I	N	D	I	R
J	I	M	C	I	B	Y	A
O	N	R	E	T	S	E	W
T	H	A	N	K	Y	O	U

How many kindness words can you find?

GOOD DEED HELP WARM NICE LOVE

HAPPY THANK YOU KIND

## A KIND SAINT

Nicholas grew up long ago in a poor part of Turkey. His father earned just enough to provide for the needs of his family but many people in the town were extremely poor.

One day something extraordinary happened. A wealthy relative, who Nicholas barely knew, suddenly died and left him a vast fortune. Overnight Nicholas became rich, so rich that he felt very uncomfortable about having so much money when many of the townsfolk barely had enough to eat. But Nicholas knew that the families were proud and they would not want to accept money that they had not earned. He needed to find a way to help them in secret.

So in the dark of night, Nicholas crept through the town leaving parcels of food, clothing and money for the families most in need. He helped one family with three daughters several times. The father was so curious about the mysterious benefactor, that he was determined to stay awake and discover who was being so generous. As Nicholas quietly left this gift at the door of their tiny home the man leapt out and chased Nicholas until he finally caught up. Nicholas was embarrassed and begged the man not to give away his secret. The father promised. But he was so happy and grateful that he just couldn't help telling people, and soon the whole town knew about Nicholas' kindness.

Nicholas continued to live in the same town and he continued to be generous to everyone in need. Every December he rewarded the children who had been good during the year by secretly delivering presents whilst they were asleep.

To this day Nicholas is remembered in countries across the world when children receive gifts on December 5th, - St Nicholas' Day.

### Home/School Challenge

#### The Kindnesstree

The fruit of the kindness tree are blessings.

Think of something kind that you could do that would bless someone and make them happy. Then do it.

Design and make a colourful exotic looking fruit to represent the blessing and take it to school to hang on the Kindnesstree .



#### Family Focus – Random Acts of Kindness

Think about how you could do to show kindness to someone else. Could you do something kind for someone different every day ?

## FASCINATING FACTS

### Leading the Pack

Lieutenant Baden-Powell was a brave soldier in the British Army and served in India and Africa. He was an expert in wilderness survival skills, like hunting, making fires and building rafts. To help new soldiers he wrote a small manual. A version of this became 'Scouting for Boys' and gave him the idea of setting up the Scouting movement. Today, worldwide, millions of children and young people are Scouts, Cubs, Beavers, Guides, Brownies or Rainbows.

- In the UK over 160,000 volunteers run Scouting and Guiding groups
- They kindly give over 20 million hours of service each year
- Many parents also use their skills to help children to earn badges